



*NYC GOJU-RYU KARATE DO, Inc.*  
*Education and Enrichment Center*

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## IOGKF-USA 2017

NYC Gasshuku Training schedule

Friday:

6:00pm to 9:00pm (all ranks)

Saturday:

8:30am to 9:45am (Black Belt Training)

10:00am to 1:00pm (training all ranks)

1:00pm to 2:00pm (lunch)

2:15pm to 2:30pm (Pictures) Group, dojo, individual, etc...

2:30pm to 5:00pm (training all ranks)

Friendship dinner: 7:00pm to 9:00pm (Italian buffet)

Sunday:

8:30am to 9:45am (Black Belt Training) Sandan and above

10:00am to 2:00pm (training all ranks)

Please be advised that intermittent breaks will be taken during the training.